Europe Summer Packing Checklist

A starting point for 7-10 days. Adjust for weather, laundry, and your plans.

Clothing

- ☐ Everyday tops: 5-7
- ☐ Nicer tops for dinner: 2-3
- ☐ Versatile bottoms: 3
- ☐ Dresses: 1-2
- ☐ Light cardigan and light jacket
- ☐ Underwear: one per day, plus two
- ☐ Bras: 3-4
- ☐ Socks: enough for the trip, plus two
- ☐ Sleepwear: two sets
- ☐ Swimsuits: 1-2; cover-up if needed
- ☐ Walking sneakers and sandals
- ☐ Third pair of shoes only if needed
- ☐ Sunglasses, hat, light scarf
- ☐ Simple jewelry

Toiletries & Personal Care

- ☐ Toothbrush, toothpaste, floss
- ☐ Cleanser and moisturizer
- ☐ Face and body sunscreen
- ☐ Serum or essence; lip balm
- ☐ Shampoo, conditioner, body wash
- ☐ Razor; deodorant; body lotion
- ☐ Brush or comb, hair ties and clips
- ☐ Leave-in product or dry shampoo
- ☐ Heat tool only if you use it
- ☐ Makeup and brushes
- ☐ Makeup remover and cotton swabs
- ☐ Tweezers, nail clippers and file
- ☐ Contacts, solution and glasses
- ☐ Period products, if needed
- ☐ Prescriptions and usual medications
- ☐ Pain, allergy or motion-sickness supplies
- ☐ Bandages and blister patches
- ☐ Antiseptic wipes
- ☐ Stain remover; detergent sheets
- ☐ Bug spray or aloe, if needed

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Travel Accessories

- ☐ Packing cubes, laundry bag, shoe bags
- ☐ Toiletry bag and liquids bag
- ☐ Makeup bag; travel containers
- ☐ Toothbrush and razor covers
- ☐ Pill organizer
- ☐ Day backpack or crossbody
- ☐ Foldable tote
- ☐ Luggage tag, tracker and lock
- ☐ Luggage scale
- ☐ Refillable water bottle
- ☐ Wet bag or spare zip-top bags

Tech & Documents

- ☐ Phone, charging cable and plug
- ☐ Power bank
- ☐ Adapter suitable for your destinations
- ☐ Headphones and charging cable
- ☐ eSIM or mobile data plan
- ☐ Laptop or tablet only if needed
- ☐ Tripod or waterproof pouch, if needed
- ☐ Passport or ID; backup copies
- ☐ Credit card, debit card and cash
- ☐ Flight, hotel, train and tour details
- ☐ Travel insurance details
- ☐ Rail passes and transport apps
- ☐ Emergency contacts

MY EXTRAS

- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____

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Flight & On-the-Go

- ☐ Neck pillow or light blanket
- ☐ Compression socks, if you use them
- ☐ Eye mask and earplugs
- ☐ Hand sanitizer and tissues
- ☐ Lip balm and small moisturizer
- ☐ Hypochlorous spray, if you use it
- ☐ Snacks, gum or mints
- ☐ Empty refillable water bottle
- ☐ Pen
- ☐ Passport, wallet and boarding pass
- ☐ Medications in your personal bag
- ☐ Phone, power bank and headphones
- ☐ Charger and valuables in your bag

Final Checks

- ☐ Check the weather at each stop
- ☐ Plan outfits that mix and match
- ☐ Decant toiletries; check for leaks
- ☐ Wear your bulkiest shoes or layer
- ☐ Check each airline's baggage rules
- ☐ Weigh your luggage
- ☐ Keep important items in your personal bag
- ☐ Leave space for what you bring home
- ☐ Complete your pre-trip checklist

MY EXTRAS

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